

2026 ADULT DAYS SCHEDULE

To be eligible to attend Adult Day for free, your participant must be in Sedgwick County and not receiving HCBS funding.

For out of county participants and those receiving HCBS, you may be added to a waitlist and if a space becomes available, there will be a \$20 fee to attend.

All participants must be a current member and have all paperwork completed.

Reservations Required

Please reach out to Joe Foster at jfoster@abilitypoint.org or (316) 943-1191 ext. 113 to create or update your account.



ORANGE ABILITYPOINT SHIRT REQUIRED



MODERATE WALKING



SPENDING MONEY IS WELCOME



SACK LUNCH REQUIRED



A LOT OF WALKING



CONTINUAL SUN EXPOSURE



BRING SWIMSUIT AND TOWEL

Date	Activity	Duration	Keep in Mind
Fri 01/09	Adult Day Bingo, Kansas Aviation Museum	9:00am-2:00pm	
			Pack a sack lunch
Fri 01/23	Adult Day Mall Walk, Exploration Place	9:00am-2:00pm	
			Pack a sack lunch
Fri 02/06	Adult Day Kansas Cosmosphere	9:00am-2:00pm	
			Pack a sack lunch
Fri 02/20	Adult Day Craft(painting backpacks), Bingo, Nifty Nut House	9:00am-2:00pm	
			Pack a sack lunch
Fri 03/06	Adult Day Museum of World Treasures, Swim at the YMCA	9:00am-2:00pm	
			Pack a sack lunch
Fri 03/20	Adult Day Botanica, Bowling	9:00am-2:00pm	
			Pack a sack lunch
Fri 04/03	Adult Day Wichita Art Museum, Subway, All Star Sports	9:00am-2:00pm	
Fri 04/17	Adult Day Zoo Day	9:00am-2:00pm	
			Pack a sack lunch
Fri 05/01	Adult Day Cowtown, Disk Golf	9:00am-2:00pm	
			Pack a sack lunch
Fri 05/15	Adult Day Participant's Choice - Participants will pick the day's activities and lunch at check in	9:00am-2:00pm	