

# 2026 ADULT DAYS SCHEDULE

**To be eligible to attend Adult Day for free, your participant must be in Sedgwick County and not receiving HCBS funding.**

**For out of county participants and those receiving HCBS, you may be added to a waitlist and if a space becomes available, there will be a \$20 fee to attend.**

**All participants must be a current member and have all paperwork completed.**

## Reservations Required

**Please reach out to Joe Foster at [jfoster@abilitypoint.org](mailto:jfoster@abilitypoint.org) or (316) 943-1191 ext. 113 to create or update your account.**



ORANGE ABILITYPOINT SHIRT REQUIRED



MODERATE WALKING



SPENDING MONEY IS WELCOME



SACK LUNCH REQUIRED



A LOT OF WALKING



CONTINUAL SUN EXPOSURE



BRING SWIMSUIT AND TOWEL

Date	Activity	Duration	Keep in Mind
Fri 01/09	Adult Day	9:00am-2:00pm	
	Bingo, Kansas Aviation Museum		Pack a sack lunch
Fri 01/23	Adult Day	9:00am-2:00pm	
	Mall Walk, Exploration Place		Pack a sack lunch
Fri 02/06	Adult Day	9:00am-2:00pm	
	Kansas Cosmosphere		Pack a sack lunch
Fri 02/20	Adult Day	9:00am-2:00pm	
	Craft(painting backpacks), Bingo, Nifty Nut House		Pack a sack lunch
Fri 03/06	Adult Day	9:00am-2:00pm	
	Museum of World Treasures, Swim at the YMCA		Pack a sack lunch
Fri 03/20	Adult Day	9:00am-2:00pm	
	Botanica, Bowling		Pack a sack lunch
Fri 04/03	Adult Day	9:00am-2:00pm	
	Wichita Art Museum, Subway, All Star Sports		
Fri 04/17	Adult Day	9:00am-2:00pm	
	Zoo Day		Pack a sack lunch
Fri 05/01	Adult Day	9:00am-2:00pm	
	Cowtown, Disk Golf		Pack a sack lunch
Fri 05/15	Adult Day	9:00am-2:00pm	
	Participant's Choice - Participants will pick the day's activities and lunch at check in		